

Gulf South Conference Indoor T&F Championships 2023**CrossPlex, Birmingham, AL - 2/14/2023 to 2/15/2023****Meet Program - Running Events****Event 17 Heptathlon: #5 Men 60 Meter Hurdles****Wednesday 2/15/2023 - 9:00 AM****GSC Indoor R: 8.60 2/18/2020 Timothy Patterson****CrossPlex: 7.86 3/12/2016 Bilah Abdullah**

Lane	Name	Yr	School	Seed Time
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Section 1 of 3 Finals

1	Nate Boleware	JR	Montevallo	NT
3	Trey McFarland	JR	Alabama-Hunt	NT
5	Caleb Long	JR	Lee (Tenn.)	NT
7	Micah Flores	JR	Montevallo	NT

Section 2 of 3 Finals

1	David Vick	SO	Montevallo	NT
3	Gabe Gilliland	FR	Alabama-Hunt	NT
5	Cameron Stine	JR	Lee (Tenn.)	NT

Section 3 of 3 Finals

1	Sage Robertson	FR	Alabama-Hunt	NT
3	Brayden Marlowe	FR	Montevallo	NT
5	Stacen Cunningham	SR	Lee (Tenn.)	NT

Event 17 Heptathlon: #7 Men 1000 Meter Run**Wednesday 2/15/2023 - 0:00 AM****GSC Indoor R: 2:42.28 2/18/2020 Marshall Rosenhoover****CrossPlex: 2:33.28 2/23/2018 Jake Horsch**

Lane	Name	Yr	School	Seed Time
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Section 1 of 1 Finals

1	Caleb Long	JR	Lee (Tenn.)	NT
2	Nate Boleware	JR	Montevallo	NT
3	Trey McFarland	JR	Alabama-Hunt	NT
4	Brayden Marlowe	FR	Montevallo	NT
5	Cameron Stine	JR	Lee (Tenn.)	NT
6	Micah Flores	JR	Montevallo	NT
7	Stacen Cunningham	SR	Lee (Tenn.)	NT
8	Gabe Gilliland	FR	Alabama-Hunt	NT
9	David Vick	SO	Montevallo	NT
10	Sage Robertson	FR	Alabama-Hunt	NT

Event 5 Men 1 Mile Run**Wednesday 2/15/2023 - 11:45 AM****2-alley start; 2-turn stagger;****GSC Indoor R: 4:10.52 2/24/2021 Evan Del Rio****CrossPlex: 3:57.04 3/12/2022 Johnathan Davis**

Lane	Name	Yr	School	Seed Time
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Section 1 of 2 Finals

1	Will Anglea	SO	Alabama-Hunt	4:20.29
2	Will Thompson	JR	Alabama-Hunt	4:19.60
3	James Cain	JR	Alabama-Hunt	4:25.91
4	Joshua Jackson	SR	Montevallo	4:27.93
5	Josh Stidfole	FR	Montevallo	4:28.19
6	Nate Pohlsander	FR	Alabama-Hunt	4:25.16
7	Kzon Dennis	FR	Shorter	5:01.65

Section 2 of 2 Finals

1	Hollis Johnson	SO	Mississippi	4:14.34
2	Anton Lindberg	JR	Christian Br	4:15.68
3	Bill Archer	SO	Montevallo	4:18.79
4	Jack Elliott	JR	Alabama-Hunt	4:14.61
5	Ryan Lovelace	FR	Lee (Tenn.)	4:10.89
6	Christian Balcer	SO	Mississippi	4:06.72
7	Caleb Guthery	JR	Lee (Tenn.)	4:16.14
8	Hunter Kurz	SR	Mississippi	4:03.98
9	Roberto Fajardo	JR	Lee (Tenn.)	4:07.47
10	Evan Moore	SO	Lee (Tenn.)	4:15.79
11	Jacob Hatcher	JR	Lee (Tenn.)	4:12.39
12	Cole Benoit	JR	Mississippi	4:07.65

Event 22 Women 1 Mile Run**Wednesday 2/15/2023 - 12:05 PM****2-alley start; 2-turn stagger****GSC Indoor R: 5:07.01 2/24/2021 Toni Moore****CrossPlex: 4:33.13 3/11/2022 Sintayehu Vissa**

Lane	Name	Yr	School	Seed Time
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Section 1 of 2 Finals

1	Ashlyn Iliff	SO	Lee (Tenn.)	NT
2	Mercy Chebii	JR	Shorter	6:11.87
3	April Jacobson	SO	Shorter	5:56.95
4	Stephanie Beltran	SO	West Georgia	6:24.82
5	Ama Ahovi	SO	West Georgia	5:55.53
6	Paige Wohlgenuth	JR	Alabama-Hunt	5:47.64
7	Phoebe Moran	SO	Lee (Tenn.)	NT

Section 2 of 2 Finals

1	Liza Kellerman	JR	Lee (Tenn.)	4:54.48
2	Lauren Wallace	SO	Mississippi	4:57.32
3	Sonia Chavelas	SO	Christian Br	5:32.25
4	Adela Belohlavova	JR	West Georgia	5:38.73
5	Jazmin Hernandez	JR	Mississippi	4:55.02
6	Amber Fisher	JR	Montevallo	5:12.58
7	Aria Hawkins	SO	Lee (Tenn.)	4:57.66
8	Linda Vasquez	FR	West Georgia	5:37.18
9	Taylor Engram	SR	Alabama-Hunt	5:08.07
10	Claudia Dassow	SR	Alabama-Hunt	5:17.69
11	Lily Hare	JR	Lee (Tenn.)	4:56.81
12	Haley Hall	FR	Mississippi	5:11.87

Event 3 Men 400 Meter Dash**Wednesday 2/15/2023 - 12:25 PM****Final on Time****GSC Indoor R: 49.50 2/19/2020 Rakeem Wilson****CrossPlex: 44.62 3/12/2022 Randolph Ross**

Lane	Name	Yr	School	Seed Time
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Section 1 of 5 Finals

4	Nate Aupied	SO	Christian Br	NT
5	Amari Lewis	SO	Montevallo	52.24
6	Erin Blount	SO	Shorter	53.37

Gulf South Conference Indoor T&F Championships 2023**CrossPlex, Birmingham, AL - 2/14/2023 to 2/15/2023****Meet Program - Running Events****Section 2 of 5 Finals...(Event 3 Men 400 Meter Dash)**

3	Colin Chirwacho	SO	Alabama-Hunt	52.08
4	Patrick Sherrill	FR	Montevallo	51.69
5	Deanderick Wilson	FR	Alabama-Hunt	50.13
6	Brandon Williams	FR	Mississippi	50.73

Section 3 of 5 Finals

3	Nokia Masengu	JR	Lee (Tenn.)	50.10
4	J'Brelin Cook	JR	Montevallo	50.04
5	Dantavious Thomas	JR	Alabama-Hunt	49.77
6	Niquaine Henry	JR	Lee (Tenn.)	49.97

Section 4 of 5 Finals

3	Robert Grames	JR	Mississippi	49.75
4	Fabio Palmieri	JR	Mississippi	49.54
5	Connor Stewart	JR	Mississippi	49.10
6	Amare Biggers	SO	Christian Br	49.53

Section 5 of 5 Finals

3	Marc Crespi	JR	Christian Br	48.74
4	Justin Steele	JR	Lee (Tenn.)	48.67
5	Niklas Klei	JR	Mississippi	46.92
6	Jeremiah McCain	SR	Alabama-Hunt	47.49

Event 20 Women 400 Meter Dash**Wednesday 2/15/2023 - 12:45 PM****Final on Time**

GSC Indoor R: 56.01 2/19/2020 **Amber Littlejohn**
CrossPlex: 50.69 3/12/2016 **Courtney Okolo**

Lane	Name	Yr	School	Seed Time
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Section 1 of 5 Finals

3	Jazmine Anderson	FR	Shorter	1:13.73
4	Treneece Grimes	SO	Shorter	1:06.38
5	Chelsie Burnett	SR	Alabama-Hunt	1:01.73
6	Shamiya Perry	SO	West Georgia	1:01.85

Section 2 of 5 Finals

3	Erin Cannon	SR	Alabama-Hunt	1:01.49
4	Nikki Mata	SR	Alabama-Hunt	1:00.69
5	Nia Harris	JR	Shorter	59.94
6	Camielle Milledge	JR	Shorter	1:00.07

Section 3 of 5 Finals

3	Pauline Wilson	JR	Christian Br	59.74
4	Talia Pfeifer	JR	Christian Br	59.05
5	Janay Ryan	SO	Lee (Tenn.)	58.83
6	Ereyonna Gore	JR	Mississippi	58.97

Section 4 of 5 Finals

3	Kaia Martz	FR	Lee (Tenn.)	58.74
4	Chandler Robinson	JR	Alabama-Hunt	58.48
5	Hilary Udechukwu	SO	Mississippi	57.86
6	Isabella Zurita	FR	Christian Br	58.27

Section 5 of 5 Finals

3	Eve Hine	JR	Lee (Tenn.)	57.71
4	Carissa Hall	SO	Lee (Tenn.)	57.01
5	Oriana Gee	JR	Christian Br	56.20
6	Kelechi Christian	SO	Mississippi	56.87

Event 4 Men 800 Meter Run**Wednesday 2/15/2023 - 1:45 PM****2-alley start; 2-turn stagger**

GSC Indoor R: 1:53.89 2/19/2020 **Leopold Stefanski**
CrossPlex: 1:46.46 3/9/2019 **Bryce Hoppel**

Lane	Name	Yr	School	Seed Time
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Section 1 of 3 Finals

1	Collin Cabrera	FR	Shorter	2:25.93
2	Denzel Bell	SR	Shorter	2:00.98
3	Kzon Dennis	FR	Shorter	2:08.40
4	Justin Olige	SO	Christian Br	2:05.43
5	Asa Mazow	FR	Alabama-Hunt	2:00.48
6	Jacob Kachadorian	JR	Alabama-Hunt	2:00.58

Section 2 of 3 Finals

1	Hollis Johnson	SO	Mississippi	1:59.05
2	Colsen Palmer	FR	Alabama-Hunt	1:58.40
3	Conner Patterson	FR	Alabama-Hunt	1:57.16
4	Christian Balcer	SO	Mississippi	1:56.31
5	Preston Speed	SO	Mississippi	1:56.25
6	Julian Fore	SO	Montevallo	1:56.13
7	Nathan Knox	SO	Alabama-Hunt	1:57.94
8	Stephen Clark	FR	Lee (Tenn.)	1:57.64

Section 3 of 3 Finals

1	Gabe Hodson	SO	Mississippi	1:52.99
2	Juan De La Rosa	JR	Christian Br	1:52.76
3	Jacob Hatcher	JR	Lee (Tenn.)	1:55.15
4	Roberto Fajardo	JR	Lee (Tenn.)	1:53.79
5	Leopold Stefanski	JR	Christian Br	1:53.40
6	Titus Lagat	JR	Lee (Tenn.)	1:52.75
7	Evan Moore	SO	Lee (Tenn.)	1:54.59
8	Hunter Kurz	SR	Mississippi	1:54.34

Event 21 Women 800 Meter Run**Wednesday 2/15/2023 - 1:55 PM****2-alley start; 2-turn stagger**

GSC Indoor R: 2:11.27 2/19/2020 **Serenity Andrus**
CrossPlex: 2:01.37 3/11/2022 **Lindsey Butler**

Lane	Name	Yr	School	Seed Time
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Section 1 of 3 Finals

1	April Jacobson	SO	Shorter	2:38.61
2	Ama Ahovi	SO	West Georgia	2:36.49
3	Mercy Chebii	JR	Shorter	2:38.15

Section 2 of 3 Finals

1	Joycelyn Tifrea	SO	West Georgia	2:31.74
2	Grace Hampel	FR	Alabama-Hunt	2:22.97
3	Amber Fisher	JR	Montevallo	2:24.65
4	Abby Snyder	SO	Montevallo	2:34.48
5	Jodie Shusta	JR	Christian Br	2:36.02
6	Sarah Turner	FR	Montevallo	2:23.83
7	Linda Vasquez	FR	West Georgia	2:31.02
8	Danielle Booker	FR	Christian Br	2:26.72

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1	Lauren Wallace	SO	Mississippi	2:13.98
2	Liza Kellerman	JR	Lee (Tenn.)	2:19.55
3	Sarah Delgado	JR	Christian Br	2:20.82
4	Aria Hawkins	SO	Lee (Tenn.)	2:16.83
5	Leslie Baxter	JR	Mississippi	2:19.26
6	Haley Hall	FR	Mississippi	2:17.98
7	Jazmin Hernandez	JR	Mississippi	2:13.65
8	Lily Hare	JR	Lee (Tenn.)	2:18.92

Event 6 Men 3000 Meter Run**Wednesday 2/15/2023 - 2:25 PM**

GSC Indoor R: 8:30.79 2/18/2020 **Christian Noble**
CrossPlex: 7:51.46 1/31/2021 **Christian Noble**

Lane	Name	Yr	School	Seed Time
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Section 1 of 2 Finals

1	Corey Adamski	SO	Alabama-Hunt	9:00.84
2	Allan Anderson	JR	Alabama-Hunt	8:36.92
3	Drew Roberts	JR	Montevallo	8:41.39
4	Jack Elliott	JR	Alabama-Hunt	8:47.63
5	Will Clayton	JR	Christian Br	8:50.81
6	Anton Lindberg	JR	Christian Br	8:39.52
7	Cooper Parmer	FR	Mississippi	8:42.96
8	Joseph Pitard	SR	Montevallo	8:40.44
9	Berket Mesele	JR	Christian Br	8:39.44

Section 2 of 2 Finals

1	Cole Benoit	JR	Mississippi	8:07.68
2	Matthew Fowler	JR	Lee (Tenn.)	8:16.08
3	Sam Wilhelm	SO	Alabama-Hunt	8:28.70
4	Silas Eckenroad	JR	Lee (Tenn.)	8:24.64
5	Ezekiel Harless	JR	Lee (Tenn.)	8:21.34
6	Jan Lukas Becker	JR	Mississippi	7:58.12
7	Joseph Leventry	SR	Montevallo	8:18.12
8	Aaron Himes	SO	Lee (Tenn.)	8:16.42
9	Brock Kelly	SO	Mississippi	8:14.77
10	Gabe Henneberger	SO	Alabama-Hunt	8:34.45
11	Gabe Poulin	SR	Mississippi	8:31.63
12	Adan Rodriguez	SR	Lee (Tenn.)	8:22.06

Event 23 Women 3000 Meter Run**Wednesday 2/15/2023 - 2:55 PM**

GSC Indoor R: 9:53.20 2/24/2021 **Chloe Flora**
CrossPlex: 8:57.86 3/12/2016 **Molly Seidel**

Lane	Name	Yr	School	Seed Time
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Section 1 of 2 Finals

1	Kendal Sparks	JR	West Georgia	12:28.93
2	Natalie Warner	SO	Montevallo	10:46.74
3	Courtney Keeler	SR	Montevallo	10:46.62
4	Catherine Greer	FR	West Georgia	11:42.80
5	Caroline Hendon	JR	Montevallo	11:20.04
6	Adela Belohlavova	JR	West Georgia	NT
7	Claudia Dassow	SR	Alabama-Hunt	NT
8	Elizabeth Beckham	SR	Lee (Tenn.)	10:45.42
9	Tatiana Padgett	SR	Alabama-Hunt	10:46.33
10	Coley Branum	SR	West Georgia	10:51.85

Section 2 of 2 Finals

1	Katie Krueger	SO	Lee (Tenn.)	10:30.61
2	Norma Gutierrez	SO	Mississippi	10:25.19
3	Taylor Engram	SR	Alabama-Hunt	10:21.39
4	Emily McMurry	JR	Alabama-Hunt	10:10.30
5	Bre Bell	SO	Mississippi	10:34.51
6	Megan Adams	FR	Lee (Tenn.)	9:43.47
7	Ava Dickerson	JR	Mississippi	10:25.74
8	Olivia McLain	SR	Lee (Tenn.)	10:10.76
9	Amelia Brady	SO	Alabama-Hunt	10:44.90
10	Johanna Wistokat	SR	Christian Br	10:06.62
11	Julia Halterman	FR	Lee (Tenn.)	9:57.44
12	Emily Berry	JR	Mississippi	10:09.84

Event 9 Men 4x400 Meter Relay**Wednesday 2/15/2023 - 3:25 PM**

GSC Indoor R: 3:20.02 2/19/2020 **Christian Bros.**

A Gay, J Jones, P Teruel, L Stefanski

CrossPlex: 3:04.16 3/12/2022 **Texas A&M**

C Hanson, O Etiwe, B Miller, E Bamidele

Lane	Team	Relay	Seed Time
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Section 1 of 2 Finals

5	Montevallo	3:25.40
6	Shorter	3:26.42

Section 2 of 2 Finals

3	Alabama-Hunt	3:19.89
4	Christian Br	3:17.76
5	Mississippi	3:13.59
6	Lee (Tenn.)	3:17.05

Event 26 Women 4x400 Meter Relay**Wednesday 2/15/2023 - 3:40 PM**

GSC Indoor R: 3:54.93 2/19/2020 **Lee (Tenn.)**

M Beeler, K Blevins, J Allison, A Littlejohn

CrossPlex: 3:27.23 3/12/2022 **Arkansas**

R Effiong, J Hollis, S Maloney, B Wilson

Lane	Team	Relay	Seed Time
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Section 1 of 2 Finals

4	West Georgia	NT
5	Shorter	4:09.90
6	Montevallo	4:28.02

Section 2 of 2 Finals

3	Alabama-Hunt	3:57.47
4	Lee (Tenn.)	3:55.02
5	Mississippi	3:54.17
6	Christian Br	3:55.01